

MENU

WEEK 3

22nd Mar, 26th Apr, 17th May, 14th Jun, 5th Jul,

Monday

MEAT OPTION Jacket Potatoes with a Choice of Fillings (Tuna, Veg or Sweet and Sour)

VEG OPTION Vegetarian Chilli

Tuesday

MEAT OPTION Roast Chicken Filet with Gravy

VEG OPTION Creamy Vegetable Pie

Wednesday

MEAT OPTION Hot Dogs with Tomato Sauce

VEG OPTION Quorn Dogs with Tomato Sauce

Thursday

MEAT OPTION Roast Beef with Yorkshire Pudding and Gravy

VEG OPTION Cheese Flan

Friday

MEAT OPTION Fish Fingers with Tomato Sauce

VEG OPTION Tomato and Lentil Pasta Bake

All meals are also served with a carbohydrate accompaniment along with a choice of vegetables