

Play Dough Recipe

You will need:



2 cups/mugs of plain flour



1 cup of salt



2 cups of water



2 tablespoons of oil



3 teaspoons of cream of tartar



A few drops of food colouring
(choose one colour for each batch)

What to do:

- Put everything into a pan and stir until it comes together and away from the sides.
- Turn out and then knead for a few minutes.
- Wait till it has cooled and then keep in a tub with lid.

Have fun!



Things to do with the play dough

Playdough is a great way of helping children to exercise their fingers to get them strong in order to hold and manipulate writing materials.

Roll a ball

Roll the playdough into a ball with your hands or on the table.



Roll a sausage

Roll the playdough into a long, thin sausage or a fat, short one with your hands or on the table.



Squeeze

See if you can make the playdough squeeze through your fingers!



Flatten

Try making a flat pancake and then pass it from hand to hand.



Poke

Use your fingers to make dents in the playdough. Press each finger into the dough, 1 by 1.



Pinch

Pinch little bits off the playdough or try to make it stand up like shark fins!



Try 'Dough Disco' with Shonette on YouTube.

Great fun!

<https://www.youtube.com/watch?v=i-lfzeG1aC4>

Stretch

See how far you can pull the playdough apart. Can you twist it?

